



CONSTITUTION
SOUTH AFRICA ARMWRESTLING FEDERATION
“SAAF”

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1. INTRODUCTION AND PREAMBLE

The World Armwrestling Federation (hereinafter referred to as “WAF”) and Africa Federation of Armwrestling (hereinafter referred to as “AFA”) recognises South Africa Armwrestling Federation (hereinafter referred to as “SAAF”) as the only affiliated WAF federation in South Africa and shall not recognise any other organisation and/or federation that seeks to unilaterally and/or independently associate with WAF.

The South African Armwrestling Federation (SAAF) is the national governing body for the sport of armwrestling in South Africa and shall seek and maintain recognition in accordance with the requirements, policies, and regulations of the South African Sports Confederation and Olympic Committee (SASCOC).

2. INTERPRETATION / DEFINITIONS

In the interpretation of SAAF’s Constitution and Rules, unless expressly stated otherwise, the following words or phrases shall have the following meaning:

- 2.1 “Administrator” shall mean any person responsible for carrying out the administration of the organisation, on national, provincial, regional or club level.
- 2.2 “Athlete Seminar” shall mean training session where new rules and other relevant information is shared with athletes.
- 2.3 “Calendar Year” shall mean 1 January to 31 December.
- 2.4 “Chairman” shall mean a person chosen to preside over the provincial structure of SAAF. This includes the general and active management of the affairs of their province in an effective and efficient manner.
- 2.5 “Code of Conduct” shall refer to the SAAF Code of Ethics that serves as a guideline for the way in which all Members, be they athletes, referees, officials, administrators, or others, should strive to conduct themselves as Members of the SAAF family.
- 2.6 “Congress” shall mean the National Annual General Meeting (AGM) held at the National South African Championships represented by the Executive Committee, Non-Executive Members, Provincial Chairperson or their duly appointed representatives or proxies.
- 2.7 “Constitution” shall mean this Constitution, as prescribed, and amended from time to time by Congress.
- 2.8 “Executive Committee” shall mean the duly elected Members of the National Executive Committee of SAAF.
- 2.9 “General Meeting” shall mean any general meeting of the Members and includes an annual general meeting, a quadrennial general meeting, a special general meeting or any ordinary general meeting.
- 2.10 “Member” shall mean a Member in good standing with SAAF, namely a Member who is in conformity with (non-breach of) the Constitution and Rules of SAAF.
- 2.11 “National Sports Body” shall mean to the South African Armwrestling Federation (SAAF), involved in the administration of the sport of armwrestling within the Republic of South Africa on a national level.
- 2.12 “Official” shall mean a person holding public office or having official duties, especially as a representative of SAAF, on national, provincial or regional level.

- 2.13 “President” shall mean the duly elected president of SAAF.
- 2.14 “Referees” shall mean an official who oversees an armwrestling match to ensure that the rules are adhered to and to arbitrate on matters arising from the match.
- 2.15 “Referee Seminar” shall mean training session where new rules and other relevant information is shared with Referees or trainee referees.
- 2.16 “Rules” shall mean those rules, regulations, policies, guidelines, directives, and decisions which the Executive Committee may from time to time prescribe and amend for the purposes of carrying out the objects and purpose of SAAF.
- 2.17 “SAAF” shall mean South Africa Armwrestling Federation affiliated to WAF.
- 2.18 “Task Portfolio” shall mean the job description and duties of SAAF management.
- 2.19 “Treasurer” shall mean an elected or appointed person to administer and manage financial assets and liabilities of SAAF, this may include on national, provincial, and/or regional level.

3. LOGO

The logo of this organisation, an impression of which is printed upon the front cover of this Constitution, shall be the official logo of SAAF. Where consent for use is granted, the logo shall not be modified in any way, shape, or form except where the name of the Province or District is added underneath the logo.

4. NAME

This organisation and/or federation shall nationally be known as SOUTH AFRICAN ARMWRESTLING FEDERATION (“SAAF”), and provincially as SAAF followed by the name of the relevant province. The same shall apply mutatis mutandis to a district.

5. COMPOSITION AND LEGAL STATUS

- 5.1 SAAF, as a national sport governing body for the sport of armwrestling is composed of the Executive Committee, non-executive SA Members and those Provincial and District structures that have been duly affiliated by the Executive Committee.
- 5.2 SAAF is and shall continue to be a distinct and separate legal entity with the power to acquire, hold and alienate property of any description.
- 5.3 SAAF is a juristic person having perpetual succession and can act and be acted against in its own name.
- 5.4 The property and funds of SAAF rest in the Federation as a juristic person and no individual member of the Federation shall be liable for the debts and the Federation.
- 5.5 SAAF is a non-profit organisation., and shall apply all funds raised or obtained, to promote armwrestling as a sport in South Africa.

6. OBJECTIVES

The objectives of SAAF are:

- 6.1 To develop, promote and control the sport of armwrestling on a local provincial and national scale within the Republic of South Africa.
- 6.2 To bring about public awareness to the sport of armwrestling and distribute information on all aspects of armwrestling to interested parties.

- 6.3 To encourage mass participation of the sport.
- 6.4 To host athlete seminars.
- 6.5 To train officials and administrators.
- 6.6 To develop and strengthen friendship and co-operation among the Members of SAAF.
- 6.7 To supervise the activities of the Provincial and District structures and to maintain the standards of SAAF.
- 6.8 To legislate rules for the sport of armwrestling.
- 6.9 To enforce the Code of Conduct of SAAF and to ensure proper discipline of its Members.
- 6.10 To sanction, regulate and control all national armwrestling competitions.
- 6.11 To implement a proper anti-doping control program at all sanctioned SAAF competitions.
- 6.12 To qualify Referees on a provincial, national, and international level.
- 6.13 To honor outstanding contributions to the sport of armwrestling by Members of SAAF.
- 6.14 To act as the official national representative of the sport of armwrestling at all national sport federation's meetings and events.

7. HEAD OFFICE

The head office of SAAF shall locate to the province in which the President of SAAF resides. This address shall be confirmed on the election of same at the AGM. This address shall be reflected on the official SAAF letterhead with the relevant contact number for the period of office of said elected President.

8. GENERAL PROVISION

The general provisions of SAAF are:

- 8.1 SAAF is a non-profit organisation.
- 8.2 Members of the Executive Committee and/or Provincial and District Structures are democratically elected and/or appointed by the President in the event where democratic elections are impossible at the time for any reason whatsoever, and such Members shall serve on a voluntary basis.
- 8.3 SAAF forbids its members from engaging in any racial, political and/or religious discussions, demonstrations or acts that may result, whether directly or indirectly, in the fostering of bias or prejudice between any of its members.
- 8.4 SAAF does not distinguish or discriminate between individuals for reasons of sex, race, color, religion and politics or any reason whatsoever.
- 8.5 The duration of SAAF shall be unlimited. SAAF shall continue to exist even when its membership changes and there are different office bearers.
- 8.6 Outside of an electoral year, and where necessary to ensure the effective functioning of SAAF, the President may, in consultation with the Vice President and the Executive Committee, make interim appointments to Provincial or National structures. Any such appointment shall be subject to ratification by Congress, failing which it shall lapse automatically. The President may, in consultation with the Vice President, the Executive Committee, and the relevant Provincial structure, recommend

the removal of any Member from a Provincial or National position, subject to due process and ratification by the Executive Committee.

- 8.7 The authority to interpret this Constitution and the Rules shall vest in the Executive Committee acting collectively. Any such interpretation shall be subject to ratification by Congress.
- 8.8 The Executive Committee has complete authority to supervise and control all committees and activities of SAAF and all other issues which it deems essential for the proper administration and benefit of SAAF.
- 8.9 In the event that the President is unable to attend any particular function, he/she may delegate the Vice President to fulfil his/her duties. If the Vice President is also unable to attend the President may delegate any other Member of the Executive Committee to do so.
- 8.10 The meetings and proceedings of the Executive Committee, Provincial and District Chairperson are kept private.
- 8.11 The Executive Committee may appoint an “ad hoc” committee for any specific function.
- 8.12 The President shall exercise executive authority subject to the collective oversight of the Executive Committee, and no executive power shall be exercised unilaterally where such power materially affects membership rights, disciplinary outcomes, or constitutional interpretation

9. LANGUAGE

English shall be the official language of SAAF. All communications, publications, documents and correspondence between SAAF and its Members shall be conducted and printed in English.

10. BANK ACCOUNT

- 10.1 The national structure shall have a bank account with a recognised bank within Republic of South Africa, opened in the name of South African Armwrestling Federation (SAAF). There should be no less than (3) three signatories for this account.
- 10.2 The (3) three nominated signatories cannot be Members of the same family or live within the same household.
- 10.3 Handover of bank account will take place with the election of new committee at the AGM, within (30) thirty days of the said election.

11. FINANCIAL REPORTING

- 11.1 SAAF shall keep all such accurate and complete accounting records, in English, as are necessary to enable SAAF to satisfy its obligations in terms of:
 - 11.1.1 the Income Tax Act;
 - 11.1.2 any other law with respect to the preparation of financial statements to which SAAF may be subject and IFRS;
 - 11.1.3 this constitution.
- 11.2 SAAF shall each year prepare annual financial statements within (6) six months after the end of its financial year, which shall fall on 31 December annually, and shall be presented to the Congress at the first general meeting following the approval of such statements by the Executive Committee.
- 11.3 The annual financial statements shall be prepared on a basis that it is not inconsistent with any unalterable or non-elective provision of the Act and shall:

- 11.3.1 satisfy, as to form and content, the financial reporting standards of IFRS for SME's or entity specific accounting policy;
- 11.3.2 subject to and in accordance with the accounting policies as is deemed to be relevant for fair presentation;
- 11.3.3 present fairly the state of affairs and business of SAAF and explain the transactions and financial position of the business of SAAF;
- 11.3.4 show SAAF's assets, liabilities, and equity, as well as its income and expenses;
- 11.3.5 set out the date on which the statements were produced and the accounting period to which they apply; and
- 11.3.6 bear on the first page thereof a prominent notice indicating that the annual financial statements have been audited and the name and professional designation of the person who prepared them.
- 11.4 The accounting records are kept at the register of SAAF or at such other place or places, as the Executive Committee decides, and are always open for inspection by its members.
- 11.5 The Executive Committee determines from time to time whether, to what extent, at what times and place and under what conditions the accounting records of SAAF shall be open to inspection by Members, and no Member has the right to inspect any accounting records or documents of SAAF except as conferred by the Companies Act 71 of 2008, as amended and/or other applicable legislation.
- 11.6 The Executive Committee, in accordance with the Companies Act, ensures the preparation and tabling at the Congress, as a minimum requirement and performs all duties in relation to annual financial statements, accounting records and auditors in accordance with the Companies Act and other applicable legislation. Copies of the annual financial statements which are to be tabled at the Congress are to be distributed not less than (15) fifteen days before the date of the meeting.

12. WINDING UP

- 12.1 SAAF may close down if at least two-thirds of the members present and voting at a meeting convened for the purpose of considering such matter, are in favor of closing down.
- 12.2 SAAF shall be dissolved by a special resolution to be prompted by the Members. Upon the dissolution of SAAF, the Executive Committee shall, after making provision for the liabilities and obligations of SAAF and the costs of dissolving SAAF, distribute the whole of SAAF's income (including distributed income still in its possession) and assets to:
 - 12.2.1 another entity approved by the Commissioner of the South African Revenue Service in terms of section 30B of the Income Tax Act;
 - 12.2.2 a public benefit organisation approved in terms of section 30 of the Income Tax Act to be determined by the Executive Committee at or before the time of dissolution or failing such determined by the Court;
 - 12.2.3 any institution, board or body which is exempt from tax under the provisions of section 10(1)(cA)(i) of the Income Tax Act, which has its sole or principal object the carrying on of any public benefit activity; or

12.2.4 any department of state or administration in the national or provincial or local sphere of Government of South Africa.

12.3 Notwithstanding anything herein to the contrary, the Executive Committee at its sole discretion shall have the authority to dispose of any assets of the company if so, legally permitted to a worthy charitable organisation or similar institution/registered NPC in the event of termination of its mandate by Members or for whichever reason SAAF may be disbanded.

12.4 No past or present Member shall be entitled to any part of the net value of SAAF after the liabilities and obligations contemplated above have been satisfied.

13. REMUNERATION

13.1 SAAF may remunerate any Member or official for services to SAAF with the consent of the Executive Committee.

13.2 SAAF may not pay any remuneration to any person which is excessive, having regard to what is generally considered reasonable in the sector and in relation to the service rendered.

14. FIDUCIARY RESPONSIBILITIES

14.1 The Executive Committee consisting of more than (3) three Members who are not related to each other accept the fiduciary responsibility of SAAF. No single person shall directly or indirectly control the decision-making powers relating to financial related matters of SAAF.

14.2 SAAF is prohibited from distributing any of its funds or assets to any person (otherwise than in the course of undertaking its objectives) and is required to utilise its funds solely for the objectives for which it has been established.

14.3 Any Member of SAAF is prohibited from having any personal or private interest in SAAF except in so far as rendering a service to SAAF.

14.4 SAAF is prohibited from directly or indirectly distributing surplus funds to any person.

14.5 Substantially, the whole of the activities of SAAF shall be directed to the furtherance of its objectives and not for the specific benefit of individual Member or group.

14.6 SAAF is prohibited from holding any share or other interest in any business, profession or occupation which is carried on by its Members.

14.7 The Executive Committee undertakes to submit to the Commissioner of South African Revenue Service, a copy of any amendment to this document within (30) thirty days of its amendment.

14.8 Substantially the whole, being a considerable majority of SAAF's funding, must be derived from its annual or other long-term Members.

14.9 SAAF undertakes to comply with the reporting requirements as may be determined by the Commissioner of the South Africa Revenue Service from time to time.

14.10 SAAF is not knowingly, and shall not knowingly become, a party to, and does not knowingly and will not knowingly permit itself to be used as part of, an impermissible avoidance arrangement contemplated in Part IIA of Chapter III, or a transaction, operation or scheme contemplated in Section 103(5) on the Income Tax Act.

14.11 The Executive Committee shall ensure that the annual tax return is submitted to the South African Revenue Services.

15. MEMBERSHIP

- 15.1 Membership in SAAF shall be non-transferable and shall be limited to those individuals, Districts and Provinces interested in furthering the objectives of SAAF and who agree, upon becoming Members, to be bound by the Constitution and Rules and the decisions and rulings of the Executive Committee, Membership shall be offered in the following categories:
- 15.1.1 Membership by Association: Referees, Administrators and Coaches become Members of SAAF by virtue of association with their National, Provincial or District Committee Structure, pursuant to the terms and conditions as set out in the Constitution and Rules;
- 15.1.2 Direct Membership: individuals, athletes, gyms, clubs, organisations and schools who wish to become Members of SAAF will do so by paying a set and standard annual amount either to the Provincial, District or National Structures, who in turn will use such fees to administer, develop and/or promote SAAF. These fees will be revised from time to time.
- 15.2 Every Member shall have the right to participate in and benefit from any activity of SAAF, as long as that Member meets the qualifications of such activity.
- 15.3 Any Member may resign from SAAF by submitting a written letter of resignation to the President.
- 15.4 Membership of any individual or provincial structure may be revoked by majority vote of the Executive Committee.

16. FEES

- 16.1 Athletes shall pay their affiliation before competing in their first competition of the season. Athletes may not compete at a Regional, Provincial or National event unless affiliated to SAAF.
- 16.2 Individuals, such as coaches or managers wanting to become Members of SAAF shall be affiliated to SAAF and pay a pre-determined affiliation fee.
- 16.3 All affiliation fees shall be paid annually, and such fees may be revised at the annual SAAF National Congress from time to time.

17. AFFILIATION APPROVAL

- 17.1 SAAF shall ensure that all affiliated athletes or individuals (coaches or team managers), receive a unique membership number and affiliation card.
- 17.2 Athletes must present their membership card or digital version thereof, on request at Provincial and/or National events. No athlete shall be permitted to compete without proof of membership.
- 17.3 A replacement fee of a membership card will be charged, of which the amount will be determined by the Executive Committee and revised from time to time.

18. NATIONAL EXECUTIVE COMMITTEE

A. COMPOSITION

- 18.1 The National Executive Committee is composed of the following Members set out hereunder.
- 18.2 Any one person may only hold one position on the Executive Committee. No one person may hold two or more positions on this Committee.
- 18.3 The elected positions are:
- 18.3.1 National President

18.3.2 National Vice President

18.3.3 National Secretary

18.3.4 National Treasurer

18.3.5 National Referee-in-Chief

18.3.6 National Marketing / PRO Officer

18.3.7 National Development Officer

18.4 Additional National Office Bearers (Non-Executive)

In addition to the elected members of the Executive Committee, SAAF may appoint or elect certain National Office Bearers who shall hold national positions but shall not be members of the Executive Committee, unless duly elected thereto in accordance with this Constitution.

18.4.1 National Medical Advisor

18.4.2 National Legal Advisor

18.4.3 National Athlete Commissioner

The National Athlete Commissioner, and any Athletes' Commission established by SAAF, shall serve in a consultative and representative capacity only, and shall not exercise executive authority, disciplinary authority, or any decision-making powers reserved for the Executive Committee or Congress.

18.4.4 National Safeguarding Officer

18.5 A Detailed task portfolio for each Member can be found in APPENDIX 2 hereto.

B. POWERS AND AUTHORITY

18.6 The Members of the Executive Committee shall be the directors of SAAF and as such, the Executive Committee shall have power to:

18.6.1 Direct the affairs of SAAF in all matters, including the power to prescribe and amend the Constitution and Rules. The National President, National Vice President and National Secretary shall be responsible for the day-to-day management and operation of SAAF;

18.6.2 Supervise and control all of the activities of SAAF;

18.6.3 Make or cause to be made for SAAF, in its name, any kind of contract that SAAF may lawfully enter into;

18.6.4 Authorise expenditure on behalf of SAAF;

18.6.5 To take such steps as may be deemed requisite to enable SAAF to solicit or receive legal advice and the right to make payment for such services rendered;

18.6.6 Enter into trust arrangements with a trust company for the purpose of creating a trust fund in which the capital and interest may be available for the benefit of promoting the interests of SAAF in accordance with such terms as the Executive Committee may prescribe;

18.6.7 Take such steps as may be deemed requisite to enable SAAF to acquire, accept, solicit, or

receive legacies, gifts, grants, settlements, bequests, endowments, and donations of any kind whatsoever for the purpose of furthering the objectives and purposes of SAAF;

18.6.8 Ensure that the Constitution and Rules are followed by all of its Members and, in the event that the Constitution or Rules are breached, administer necessary disciplinary measures;

18.6.9 Convene the meetings of the Executive Committee and Congress;

18.6.10 Ensure that the decisions of the Executive Committee and Congress are carried out.

C. MEETINGS

18.7 The President shall call a closed meeting for Members of the Executive Committee at any time that he deems necessary. All Members shall be notified in advance of such a meeting.

D. TELECONFERENCE

18.8 Members of the Executive Committee may participate in a meeting by means of a teleconference or any other form of other communication facility. This shall be accepted as if the Members were sitting in the meeting across the table in the same room.

E. NOTICE OF MEETINGS

18.9 The notice of any other meeting of the Executive Committee (other than the standard annual National Congress held at the S.A. Championships) - shall be conveyed to each Member of the Executive Committee either in writing or telephonically and an appropriate date, time and venue will be set up to accommodate all involved, and

18.10 Any error or omission in giving notice of any meeting or any adjourned meetings of the Executive Committee shall not invalidate such meeting or make void any proceedings taken at said meeting.

F. QUORUM

18.11 Although it is preferable for all Members to be present, the minimum quorum at any meeting of the Executive Committee for a vote to be passed shall consist of the President and any other four Executive Members.

G. CHAIRPERSON AND VOTING

18.12 The President shall be the chair at all meetings of the Executive Committee and each Member of the Executive Committee, who is present, shall have one vote.

Every issue placed before the Executive Committee shall be decided by the majority vote. In the event of a tie, the President shall have a second and deciding vote.

H. RESOLUTION

18.13 Between annual meetings of the Executive Committee, a resolution in writing, approved by a majority of the Members of the Executive Committee entitled to vote on that resolution, is as valid as if it had been passed at a meeting of the Executive Committee.

I. MINUTES OF MEETINGS

18.14 The minutes of all meetings of the Executive Committee shall be taken by the National Secretary or a duly appointed representative and shall be forwarded to the Members of the Congress as part of the "SAAF CONGRESS REPORT".

J. VACANCY OF OFFICE

18.15 The office of a Member of the Executive Committee shall automatically be terminated if:

18.15.1 If the Member resigns from office by delivering a written letter of resignation to the President;

18.15.2 If the Member is found guilty of breaching the Constitution or Rules or has not carried out a directive lawfully issued by the Executive Committee ;

18.15.3 If, a resolution is passed by a majority of the Members entitled to be present and to vote at a meeting of the Executive Committee, the Member is to be removed from office for just cause.

18.15.4 On death.

K. RETIREMENT

18.16 A retiring Member of the Executive Committee shall remain in office until the dissolution or adjournment of the meeting at which his/her retirement is accepted, and his/her successor is elected or appointed.

L. DECISIONS AND RULINGS

18.17 The decisions and rulings of the Executive Committee shall be binding at internal level, subject to the appeals and dispute resolution provisions of this Constitution.

M. ABSENCE OF MEMBERS

18.18 Any Member of the Executive Committee who is absent without just cause from any (2) two consecutive meetings of the Executive Committee, and/or who neglects his/her duties, unless for a valid reason, may be replaced by a majority vote of the Executive Committee.

N. PRIVACY

18.19 The sittings of the Executive Committee shall be conducted in private unless otherwise decided by the President in consultation with the Vice President.

O. ELECTION OF MEMBERS TO THE EXECUTIVE COMMITTEE

18.20 The Election of Members to the Executive Committee shall be as follows:

18.20.1 The duration of a term served by any Member on the Executive Committee is (4) four years (using 2024 as starting reference, thus 2024 / 2028 / 2032 / 2036 / 2040, etc)

18.20.2 However, if at any time before a Member's term is completed and he/she is found guilty of:

18.20.2.1 one or more incidences of breaching the Constitution and/or the Rules and Regulations of SAAF;

18.20.2.2 misconduct;

18.20.2.3 he/she is/set a bad example of representation of SAAF;

18.20.2.4 or if he/she continuously fails to carry out the tasks as per his/her portfolio;

18.20.2.5 or if he/she is not performing tasks to enhance or strengthen the success of SAAF. This person may be removed as a Member of the SAAF Executive Committee by means of a voting consensus by the remaining Executive Committee Members.

18.20.3 Outside of an electoral year, if an Executive Member is dismissed or resigns or retires only the Provincial Chairpersons and remaining Members on the Executive Committee may nominate a deserving Member for that position.

- 18.20.4 A deserving Member can only be nominated or appointed for a position on the Executive Committee if he/she is an existing official Member on a Provincial Structure and has served for a minimum of two (2) years on that committee, except where such a Member is an active athlete.
- 18.20.5 Nominations for the various positions on the Executive Committee will be done via an online nomination form, that will be made available no less than 30 days prior to the date of the special electoral meeting of the Congress.
- 18.20.6 Candidates for election or appointment to the Executive Committee must be present at the special electoral meeting of the Congress in order to be elected or appointed.
- 18.20.7 Members of the Executive Committee, once elected or appointed, shall take their responsibilities very seriously, must know the Constitution, Rules, and Regulations of SAAF, must be able to fulfil their tasks as per their portfolio. The Members shall have an obligation to attend all of the regularly convened meetings unless permission is granted by the President for him/her to appoint a representative or proxy.
- 18.20.8 When a vote takes place, if two or more candidates obtain an equal vote, there shall be a second ballot. If a tie still exists, the President shall cast a deciding vote.

P. RIGHT TO VOTE

- 18.21 Only Members of the Executive Committee and Provincial Chairpersons and Regional Representatives (Club Captains) have the right to vote Members for a seat on the Executive Committee.
- 18.22 If an Executive Member is also a Chairperson of their Province, then he/she may only cast one vote.
- 18.23 This process shall take place at the annual SAAF NATIONAL CONGRESS.
- 18.24 Each Member only has one vote per elected position.

Q. DUAL PORTFOLIOS ON DIFFERENT STRUCTURE

- 18.25 Executive Committee Members will be allowed to hold a position on the Council, a position on a Provincial Structure and a position on the Referees Panel. If this Member is dismissed or resigns from one post, he/she may remain on the other/s.
- 18.26 No Executive Member shall hold two positions within the same divisional structure of SAAF.

R. VARIOUS DIVISIONS AND/OR STRUCTURES

- 18.27 The following are part of the SAAF structure and divided into the following three divisional structures:
- 18.27.1 The National Executive Committee;
- 18.27.2 The Provincial and District Committees
- 18.27.3 The Referees

19. SAAF NATIONAL CONGRESS AND OTHER NATIONAL MEETINGS

A. COMPOSITION

- 19.1 The Congress Members shall comprise of the Members of the National Executive Committee, the non-Executive National Members and the Chairperson of each Provincial and District Structures, alternatively their duly appointed representatives or proxies.

B. POWERS AND AUTHORITY

19.2 The powers of the Congress are as follows (but not limited to):

- 19.2.1 To confirm or withhold confirmation of the Constitution and Rules, and/or any Amendments to the Constitution and Rules;
- 19.2.2 To consider any matter pertaining to the objectives of SAAF and to adopt any measures it may deem necessary on this subject;
- 19.2.3 To receive, at each Congress, the annual reports of the Members as well as the annual Financial Reports;
- 19.2.4 To properly consider and transact any general or special business brought before the Congress;
- 19.2.5 To bring new ideas and tasks to the table, as well as to ensure that existing tasks are being carried out by each Province and District.

C. MEETINGS

- 19.3 The Executive Committee shall meet once a year for their Annual General Meeting (AGM) on the occasion of the South African National Championships and/or at any other time whenever convened by agreement of the President, Vice President, General Secretary or at the request of the majority of the Executive Committee.

D. AGENDA

19.4 The agenda of the AGM of the Congress shall consist of (but not be limited to):

- 19.4.1 Call to order
- 19.4.2 Verification of Delegates
- 19.4.3 The examination and approval of the annual reports of:
 - 19.4.3.1 The National President;
 - 19.4.3.2 The National Vice President;
 - 19.4.3.3 The National Secretary;
 - 19.4.3.4 The National Treasurer;
 - 19.4.3.5 The National Referee-in-Chief;
 - 19.4.3.6 The National Marketing / PR Officer;
 - 19.4.3.7 The National Development Officer;
 - 19.4.3.8 The Provincial Chairpersons
- 19.4.4 The affiliation of any new Provincial Structure, Regional Structure, or other similar structure.
- 19.4.5 Budgets and finances.
- 19.4.6 Sponsorships.
- 19.4.7 The selection of locations for the National South African Championships, and other Competitions when necessary.

19.4.8 Delegates to represent SAAF and to accompany the teams of athletes to the various World Championships.

19.4.9 Propositions from the Members present.

19.4.10 Decisions of the Executive Committee.

14.4.11 Specific Provincial or District issues.

19.4.12 Refereeing matters.

19.4.13 Athletes commission matters.

19.4.14 Provincial and District calendar for the next season.

19.4.15 General SAAF matters and any new business.

19.4.16 Closing remarks and adjournment.

E. NOTICE OF MEETING

19.5 It is not necessary to forward the notice of the AGM of the Congress, as this is a standard procedure by SAAF. Members shall be notified should there be any special meetings or workshops called.

F. QUORUM

19.6 Although it is preferable for all Congress Members to be present at the SAAF National Congress, the minimum quorum required for a vote to be passed shall consist of the President, any other four Members of the Executive Committee and four Provincial Chairmen.

G. CHAIRPERSON OF MEETING AND MANNER OF VOTING

19.7 The President shall be the chair at the AGM of the Congress.

19.8 Each present Provincial and District Chairperson is entitled to one vote. Each present Member of the Executive Committee is entitled to one vote. However, if a Member is both Provincial or District Chairman and a Member of the Executive Committee, he/she is still only entitled to one vote.

Essential issues before the Congress shall be decided by majority vote. The chair of the meeting shall have a second and deciding vote in the case of a tie.

H. APPOINTED REPRESENTATIVE AND/OR PROXY

19.9 A Provincial or District Structure may by means of a written proxy, appoint a proxy holder to attend and act at an AGM of the Congress, in the manner and to the extent authorised by the proxy. Said proxy holder must be in good standing and a paid up affiliated Member of SAAF.

I. MINUTES OF MEETING

19.10 The minutes of the AGM of the Congress shall be taken by the General Secretary, or a duly appointed representative, and shall be forwarded to the Members of the Congress as part of the "SAAF CONGRESS REPORT" within no more than two weeks from date of said meeting.

J. GENERAL

19.11 All items listed on the final agenda shall be discussed at the AGM of the Congress and with time permitting, the President may allow other matters to be discussed. This Agenda will be circulated no less than (7) seven days prior to the meeting.

- 19.12 To avoid the unnecessary prolongation of the Congress, The President, acting as Chairperson of the Congress, may regulate the number of speakers and the duration of speaking time, subject to the approval of the Congress.
- 19.13 The annual meeting of the Congress shall be conducted in private. Only official Members of SAAF shall be present unless prior arrangement by/with the President is made, and permission is granted.
- 19.14 Provincial and District Chairpersons are to prepare the following, without reminders, for the SAAF NATIONAL CONGRESS:
- 19.14.1 A FULL PROVINCIAL OR DISTRICT YEAR END REPORT;
- 19.14.2 A FULL PROVINCIAL OR DISTRICT YEAR END FINANCIAL REPORT;

20. SAAF PROVINCIAL AND DISTRICT COMMITTEES

A. COMPOSITION

- 20.1 The Provincial and District Committee structure is composed of the following Members:
- 20.1.1 The Chairperson
- 20.1.2 The Vice Chairperson
- 20.1.3 The Secretary
- 20.1.4 The Treasurer
- 20.1.5 The Head Referee
- 20.2 Any Provincial or District Member may only hold one position on a Provincial and District Committee Structure. There are six official positions with six Members on each committee. Subject to par. 20.3, no one person may hold two or more positions on their Provincial Committee Structure.
- 20.3 In order to necessitate the smooth running of a Provincial and District Committee, an unlimited number of seats may be available in the following positions:
- 20.3.1 The Provincial or District Development Officer/s;
- 20.3.2 The Provincial or District Marketing / PR Officer/s.

B. REFEREES

- 20.4 The Provincial Referee structure should have a minimum but not limited to (4) four qualified Referees per province.
- 20.4.1 The Head Referee (must be a Master Referee)
- 20.4.2 Master Referees
- 20.4.3 Senior Referees
- 20.4.4 Junior Referees

It will be the responsibility of the Referee-in-Chief to ensure ongoing training within the Provinces to ensure these numbers can be met.

C. POWERS AND AUTHORITY

- 20.5 The Provincial and District Committee shall be authorised by SAAF to carry out its objectives at a Provincial and District level and, as such, shall have the following duties (but not limited to)

- 20.5.1 To administer the sport of armwrestling within their own jurisdiction, in accordance with the Constitution, its Rules and Regulations, and directives lawfully issued by the Executive Committee, acting through the President or National Secretary where applicable;
- 20.5.2 To advise their Members of the current Constitution and its Rules and Regulations, decisions and directives lawfully adopted by the Executive Committee, as well as to advise of any policies and activities of the SAAF;
- 20.5.3 To promote SAAF in a positive manner
- 20.5.4 To ensure unity between all Members on their Provincial and District Structure as well as the general unity within SAAF and all its Members.

D. RESIGNATIONS

- 20.6 Any Member of a Provincial and District Committee may resign from the SAAF Provincial and District Structure at any time by submitting a written letter of resignation to his/her Provincial Chairperson.

Whereby the resignation shall be of effect 30 days from receipt of said resignation.

E. SUSPENSION

- 20.7 Any Provincial and District Structure may be suspended by SAAF for the following reasons:
 - 20.7.1 Failing to make payment of its affiliation fee on an annual basis;
 - 20.7.2 Being in arrears with any other financial obligation of the SAAF for a period greater than (6) six months;
 - 20.7.3 Failing to adhere to or comply with the Constitution, Rules and Regulations, the decisions of the President or Members of the Executive Committee, or by ignoring any directive or request from SAAF;
- 20.8 Any notification regarding suspension, expulsion, or dissolution of a Provincial or District Structure, shall be forwarded to the Provincial or District Chairperson concerned.

F. ELECTIONS OF MEMBERS FOR THE PROVINCIAL AND DISTRICT STRUCTURES

- 20.9 The duration of the term served by any Member on a Provincial or District Structure is two (2) years (2024 / 2026 / 2028 / 2030 etc.)
- 20.10 If, however a Member on a Provincial or District Structure is found guilty of one or more incidences of breaching the Constitution, Rules and Regulations, being a negative example of representation for SAAF, is constantly negative or is not performing the tasks to enhance or strengthen the success of SAAF assigned to him/her by the President and/or Executive Committee – he/she may be dismissed from their position on the Provincial or District Structure.
- 20.11 The President may, after consultation with the Vice President and subject to confirmation by the Executive Committee, recommend the dismissal of a Member, in accordance with due process.
- 20.12 If a Member is voted off or dismissed from their committee structure, the position must be filled as quickly as possible in accordance with the relevant terms and conditions mentioned herein before to fill any vacancy.
- 20.13 Any person residing within the province who has a keen interest to become part of SAAF may send their CV to the Provincial or District Chairperson applying for a position on the Provincial or District

Committee. This person will then be considered and voted on by the remaining Provincial or District Structure Committee and/or SAAF Provincial or District Members.

20.14 A Detailed Task Portfolio for each Member can be found in APPENDIX 2 hereto.

G. TERMINATION OF OFFICE

20.15 The office of a Member of the Provincial or District Structure shall automatically be terminated if:

20.15.1 The Member resigns from office by delivering a written letter of resignation to the Chairperson;

20.15.2 The Member is found guilty to have breached the Constitution or Rules or has failed to adhere to a directive lawfully issued by the Executive Committee

20.15.3 The Member bankrupts or suspends payment or compounds with his creditors;

20.15.4 At a meeting of the Provincial or District Structure a resolution is passed by a majority of the Members entitled to be present and to vote at the meeting, that the Member be removed from office for a valid reason;

20.15.5 On death.

H. RIGHT TO VOTE

20.16 Provincial or District Chairperson and Committee Members as well as Qualified Referees, Affiliated Athletes and Affiliated Individuals residing on a permanent basis within the area of jurisdiction of the said province or district have the right to nominate and vote Members for a seat on the Provincial and District Structures.

20.17 If a Provincial or District Chairperson is also a Referee, he/she may only cast one vote.

20.18 This process shall take place at the SAAF PROVINCIAL OR DISTRICT CHAMPIONSHIPS of that year, alternatively at such a date and time as may be determined by the Provincial or District Chairperson.

20.19 Each individual will only have one vote per elected position.

I. DUAL PORTFOLIOS IN DIFFERENT STRUCTURES

20.20 Provincial or District Structure Members will be allowed to hold one position on their committee and also be a Qualified Referee. This Member may also have a seat on the Executive Structure. If this Member is dismissed or resigns from one post, he/she may remain on the other/s;

20.21 No Provincial or District Member shall hold two positions within the same division/structure of SAAF.

21. SAAF PROVINCIAL AND DISTRICT COMMITTEE MEETINGS

A. MEETINGS

21.1 Members of a Provincial or District Structure shall meet to discuss the general day to day running of their province or District, finances, development, referees, competitions, and general business etc., as a rule, once every two months.

21.2 However, when hosting a competition, the Provincial or District Committee shall arrange as many meetings as deemed necessary to discuss and finalize all aspects of the upcoming competition.

B. NOTICE OF MEETINGS

21.3 The Provincial or District Secretary shall send out a notice to advise Provincial or District Members of all meetings. It will however be acceptable for Members to plan for a new meeting at the closure of a

current meeting. The confirmation of a date, venue and time can be agreed upon by all Members and in such a case, no notice needs to be sent out.

C. QUORUM

- 21.4 For a vote to be passed the quorum at a provincial meeting shall consist of the Chairperson and any other (4) four Provincial or District Members.

D. MINUTES OF MEETING

- 21.5 The minutes of all meetings shall be taken by the Secretary or a duly appointed representative. The President may call for a copy of the minutes of a Provincial or District meeting at any time. A copy of these minutes to be circulated within (10) ten days of meeting.

E. TELECONFERENCE

- 21.6 Members of the Provincial or District Structure may participate in a meeting by means of a teleconference or any other form of other communication facility. This shall be acceptable as if the Members were sitting in the meeting across the table in the same room.

F. ERROR OR OMISSION TO GIVE NOTICE

- 21.7 Error or omission in giving notice of any meeting or any adjourned meetings of the Provincial or District Structure shall not invalidate such meeting or make void any proceedings taken at said meeting.

G. CHAIRPERSON OF MEETING MANNER OF VOTING

- 21.8 The Chairperson shall be the chair at all meetings of the Provincial or District Structure.
- 21.9 Each Member of the Provincial or District Structure, who is present, shall have one vote.
- 21.10 Every issue before the Provincial or District Structure shall be decided by the majority vote. In the event of a tie, the Chairperson shall have a second and deciding vote.
- 21.11 All issues discussed and decided on must be within the confines and/or restrictions of SAAF's Constitution, Rules, Regulations, Requirements and/or Directives.

H. ABSENCE

- 21.12 Provincial or District Committee Members may not be absent from two (2) or more meetings during the course of the year. If he/she is absent for more than a total of two meetings throughout the armwrestling year, he/she must give apologies and reasons in writing to the Chairperson, failing which the matter shall be dealt with in accordance with the disciplinary provisions of this Constitution and the principles of procedural fairness.

22. SAAF REGIONAL STRUCTURES

- 22.1 A Province may be divided into separate Regions.
- 22.2 The region will still fall within the main structure of the relevant Province.
- 22.3 The terms and conditions mentioned hereinbefore regarding a Provincial Structure shall apply mutatis mutandis to a Regional Structure.
- 22.4 The region will compete at the Provincial Championship of the main Provincial Structure.
- 22.5 The region may hold its own armwrestling competitions and/or events throughout the course of the year with the assistance of the main Provincial Structure.

23. OBLIGATIONS OF THE REGIONAL & PROVINCIAL AND DISTRICT STRUCTURES

Each Provincial or District Committee Structure has a set of obligations to fulfil within the armwrestling season as determined by the South African Armwrestling Federation. It is the responsibility of each Provincial or District Structure to familiarise itself with, and comply with, all applicable requirements, duties, policies, programmes, and directives issued by SAAF in order to ensure the effective administration, development, and promotion of the sport of armwrestling within its jurisdiction.

24. REQUIRED COMPETITIONS PER PROVINCE

A. MINIMUM COMPETITIONS PER PROVINCE

24.1 Every Provincial or District Structure is obliged to host (3) three armwrestling competitions within the province throughout a year, namely:

24.1.1 A development / novice competition anytime during the year;

24.1.2 An intermediate competition anytime between during the year;

24.1.3 The Provincial or District Championships no less than five weeks prior to the SAAF NATIONAL CHAMPIONSHIPS.

24.1.4 Note that 24.1.1 and 24.1.2 can be hosted in collaboration with club competitions to meet their quota for the year.

B. HOSTING OF A NATIONAL COMPETITION

24.2 If a Province or District wins the bid to host any SAAF National Championship, they shall still put on the (3) three required competitions within their Province or District, as well as the National Competition - this shall then become the fourth competition for the particular Province or District.

C. EXCLUSION FROM RUNNING A REQUIRED COMPETITION

24.3 Only with good reason may a Provincial or District Chairman apply in writing to the President for permission not to host any of the required competitions in that season of competition, namely Provincial and/or District qualifiers.

24.4 The application mentioned in par. 24.3 should reach the President's office by no later than (2) two full calendar months BEFORE the intended competition. No late applications will be considered.

24.5 The President may approve or refuse such an application, subject to oversight by the Executive Committee and the appeals provisions of this Constitution.

25. SANCTIONED COMPETITIONS

25.1 If a promoter or private individual would like to run a competition and such competition has not been sanctioned in any way or form by any other federation, does not appear on either advertising posters or official calendar of another armwrestling federation, and no other federation is involved in any manner whatsoever, consideration may be given on application to sanction their event and provide assistance if and when needed.

25.2 The promoter or private individual shall be required to present a written proposal.

25.3 Upon receipt of such application, consideration will be given to the promoter's knowledge and/or experience with the sport of armwrestling and must strive to put on a good competition.

25.4 If the competition is sanctioned by SAAF and assistance is given, SAAF shall have the right to charge the private promoter or individual 20% of the entry fee.

- 25.5 The application/proposal as mentioned hereinbefore must be directed to the President.
- 25.6 Permission may only be granted by the President acting in consultation with, and subject to oversight by, the Executive Committee, for any SAAF Member or Referee to assist with a private armwrestling event.
- 25.7 A Provincial or District Member, regardless of his/her portfolio, may not give permission for himself/herself or any other Member on his/her committee or referee or assist any event that is not entirely a SAAF event, and that is not part of the National Calendar.
- 26. NATIONAL COMPETITIONS**
- 26.1 Every Provincial or District Structure shall send a team of athletes and two appointed Provincial or District Team Manager to the SAAF National Championships.
- 26.2 If there is any other National Championship arranged for the year, each and every Provincial or District Structure shall be obliged to send a team and appoint two Team Managers to participate.
- 27. HOSTING A NATIONAL COMPETITION**
- 27.1 Any Province or District wanting to host a National Competition shall submit a bid to do so to the Executive Committee.
- 27.2 If the Provincial or District bid to host any National Competition is accepted, the Province or District shall have an obligation to fulfil and follow the SET REQUIREMENTS give by the Executive Committee.
- 28. RULES AND REGULATIONS FOR PROVINCIAL OR DISTRICT TEAM PARTICIPATION AT ANY NATIONAL COMPETITION**
- 28.1 All Provinces and Districts are required to ensure that they are fully aware of the Rules, Regulations and Requirements that need to be followed once they have selected a team to represent their province or district at any national event and/or competition.
- 29. RULES AND REGULATIONS FOR SAAF TEAM PARTICIPATION AT ANY INTERNATIONAL COMPETITION**
- 29.1 All participating Members to a WAF International Championship are required to be fully aware of the Rules, Regulations and Requirements that need to be followed once they have been selected in a SAAF Team to represent SOUTH AFRICA at this Championship.
- 30. SAAF AMATEUR RULES AND REGULATIONS FOR ATHLETES**
- 30.1 Any athlete wishing to become a Member of SAAF by affiliating and/or competing must familiarize themselves with the SAAF Code of Conduct as found in APPENDIX 1 hereto.
- 31. OFFICIAL SAAF DRESS CODE**
- 31.1 Executive Members of SAAF shall be permitted to purchase a navy-blue blazer with the SAAF, AFA and WAF emblems. This shall be made available through an authorised supplier to be determined and agreed upon annually.
- 31.2 If awarded official Protea Colours, any Member may wear the official South African colours and/or dress code.
- 31.3 After (3) three months of service, upon joining a Provincial or District Structure, a member may receive a SAAF (AND PROVINCE OR DISTRICT) badge. This shall be made available through an authorised supplier to be determined and agreed upon annually.

32. SAAF DRESS CODE FOR ATHLETES DURING COMPETITION

- 32.1 Short sleeve t-shirt or golf shirt may be worn. The arm must be exposed during competition.
- 32.2 Tracksuit pants, sports shorts, ski-pants (long to mid-thigh length). No denims may be worn in competition.
- 32.3 Sports shoes such as tekkies or running shoes are to be worn. No bare feet or open shoes will be permitted.

33. SAAF BADGES

- 33.1 The SAAF BADGE applicable for all SAAF Members on the navy-blue blazer is:
 - 33.1.1 All Executive Members and the Chairman of each Province or District will wear the SAAF BADGE (SAAF Head office will supply these badges).
 - 33.1.2 Provincial, District and regional Members and qualified provincial referees will wear the SAAF (AND PROVINCE OR DISTRICT) BADGE. (The Provincial or District Structure will supply these badges).
 - 33.1.3 The SAAF HONOURS BADGE will be worn by team delegates and athletes selected to participate in a WAF INTERNATIONAL CHAMPIONSHIP. (SAAF Head Office will supply these badges). With the prior written consent of the President, such a recipient may attach a scroll underneath the badge with the details of the country and year of the said WAF International Championship. If the same athlete or delegate represents SAAF again, he/she will receive an office SAAF Letter of Confirmation granting him/her permission to add a new scroll with the details of the country and year under the badge and first scroll, and so on.
- 33.2 The applicable SAAF badge will be worn on the left-hand breast pocket by all Members and no other badge will be worn on the blazer.
- 33.3 Members may wear pin icons on the lapel of their blazer.

34. REFEREES

- 34.1 All Provinces and Districts shall host a Referee Seminar prior to their Provincial or District Championships annually.
- 34.2 All Provinces and Districts shall also host a refresher seminar for all their existing Qualified Referees prior to their Provincial or District Championships annually.
- 34.3 All Provinces and Districts should have at least but not limited to, (4) four qualified Referees on their database.
- 34.4 A Provincial or District Head Referee will be elected and appointed by the President after consultation with the National Referee-in-Chief.
- 34.5 All Provincial or District Head Referees must referee at the SAAF National Championships. If a Province or District Head Referee cannot referee at the SAAF National Championships for any reason whatsoever, he/ she must notify the President thereof not less than one month prior to the SAAF National Championships.
- 34.6 All Provincial or District Head Referees must attend the National Referees Seminar.

- 34.7 Active athletes may attend the New Referees Course and certification may take place during Provincial or District competition.
- 34.8 All New Referees (and existing Referees) will be asked to sign an official SAAF document which will pledge their commitment as an official of SAAF. See APPENDIX 3 hereto.
- 34.9 Each Provincial or District Structure will ensure that the qualified referees within their Province or Districts receive a Referees Card and that same is kept up to date by the Provincial or District Head Referee.
- 34.10 All Provincial or District Chairpersons / Provincial Head Referees / Referees are to refer to the SAAF REFEREES MANUAL for all information on refereeing matters.

35. NATIONAL AND PROVINCIAL CALENDARS

- 35.1 All Provincial or District Chairmen will be required to submit their competition dates for the following armwrestling year to the National Secretary on or before the 30th of November of every year.
- 35.2 Once the National Competition Calendar has been finalized and printed, no Provinces or Districts may change any of the details, postponed or cancel an event in any way for that particular season.
- 35.3 Over and above the National Calendar, each Province or District will design its own advertising poster for the competition being held, no less than twelve weeks (three months) before that particular event.
- 35.4 The poster will include (but not be limited to) all relevant details such as:
 - 35.4.1 Name of the event / championship;
 - 35.4.2 Date and venue;
 - 35.4.3 Times for weigh in;
 - 35.4.4 Athletes Affiliation cost;
 - 35.4.5 Athletes Entry cost;
 - 35.4.6 Door charge for spectators (scholars/adults) if any;
 - 35.4.7 The various divisions offered;
 - 35.4.8 Special requirements;
 - 35.4.9 Shall contain appropriate sponsors logo's;
 - 35.4.10 Shall contain the SAAF LOGO;
 - 35.4.11 Shall contain AFA LOGO;
 - 35.4.12 Shall contain WAF LOGO
 - 35.4.13 Shall contain the SASCOC LOGO.
- 35.5 A copy of the advertising poster must then be sent to the SAAF Head Office no less than eight weeks (two months) prior to a Provincial or District Event for the official website advertising. Strict time constraints must be adhered to. When approved by SAAF, the Province or District will then print the poster and distribute same at all gyms, health shops, pharmacies, supplement shops, schools, selected magazines and local newspapers within the Province or District.

36. SAAF executive committee members, provincial and district structure members, regional structure members, training referees, qualified referees and affiliated athletes lending assistance in any way or competing in other federation that SAAF events or competitions

SAAF recognises the World Armwrestling Federation (WAF) and the Africa Federation of Armwrestling (AFA) as the relevant international and continental governing bodies for the sport of armwrestling. Participation by Members in events not sanctioned or recognised by SAAF, AFA, or WAF may affect eligibility for selection, ranking, or participation in SAAF, AFA, or WAF sanctioned events, subject to due process.”

- 36.1 The provisions of this section shall be applied reasonably, proportionately, and in a manner consistent with the principles of fairness, natural justice, and the requirements of the South African Sports Confederation and Olympic Committee (SASCOC), having regard to the integrity of the sport of armwrestling and SAAF’s international obligations and shall not operate as an automatic sanction or disciplinary offence unless the conduct materially prejudices SAAF or breaches this Constitution.

Except where participation is permitted under Clause 36.0, and subject to eligibility and recognition considerations, any SAAF Member holding an official position may not without the prior written approval of the Executive Committee, lend services or assistance, compete, or be involved in another armwrestling federation not affiliated with AFA or WAF, where such involvement materially prejudices SAAF or its international obligations.

- 36.2 The same prohibition applies if the official is also a competing athlete.
- 36.3 If the official is also a personal trainer, he/she may train a client but he/she may not go with or coach their client to another non-affiliated armwrestling federations event.
- 36.4 Members who become part of SAAF on a Council, Committee or on the Referee Panel are automatically regarded as officials of SAAF and as such are bound by this Constitution, Rules and Regulations and most importantly, compliance with this Constitution, the Rules, and SAAF’s international obligations.

37. SAAF executive committee members, provincial and district structure members, regional structure members, training referees, qualified referees and affiliated athletes lending assistance in any way or competing in private events or competitions

- 37.1 Any SAAF Member who holds an official position within SAAF on a District, Provincial or National level (i.e. Executive Member, Non-Executive National Member, Provincial Structure Member, Regional Structure Member, Training Referee or Qualified Referee) may not, without the prior written approval of the Executive Committee, lend services or assistance of any kind to any Promoter or private individual who is running a show, and who's show has been sanctioned in any way by another armwrestling federation.
- 37.2 If the official is also an athlete, he/she may not, without the prior written approval of the Executive Committee, compete at any Promoter or Private Event if it has been sanctioned in any way by another armwrestling federation (or they are assisting in any way at the show).
- 37.3 If the official is also a personal trainer, he/she may train a client but he/she may not, without the prior written approval of the Executive Committee, go with or coach their client at any Promoter or Private event if it has been sanctioned in any way by another armwrestling federation.

38. SAAF executive committee members, provincial and district structure members, regional structure members, training referees, qualified referees and affiliated athletes lending assistance in any way or competing at sanctioned events or competitions.

Only if an event held by a private promoter is fully and completely sanctioned by SAAF may officials participate. If the Member is not sure of the status of the sanction, then he/she should enquire with the SAAF Head Office first before competing or providing assistance, etc.

39. Contravention of SECTIONS 36, 37 AND 38

39.1 If a SAAF official is found to have contravened Sections 36, 37 and 38 the following sanctions shall be implemented:

39.1.1 If this is a first offence, the official shall be subject to disciplinary action, which may include suspension for a period of one (1) year from all duties and participation in competitions within SAAF, calculated from the date of contravention.

39.1.2 If this is a second offence, the official shall be subject to disciplinary action, which may include a ban from SAAF.

40. DISCIPLINE

40.1 Executive Committee Members, National Members, Provincial or District Structure Members, Regional Structure Members, Referees, Armwrestling Athletes, Individuals, and Officials join SAAF voluntarily and thereby agree to respect and abide by the Constitution, Rules, Regulations and in particular the SAAF code of conduct.

40.2 Should any individual contravene the Constitution, Rules, Regulations and in particular the SAAF code of conduct or any decisions or directives made by the President or Executive Committee, they automatically negate their status as a Member in good standing and as such may be prohibited from enjoying any privileges that would normally accrue by virtue of being a Member in good standing with SAAF.

A. DISCIPLINARY ACTIONS

40.3 Any Member who believes that he/she has been wronged in any way shall have the right to file a formal complaint or appeal with the Executive Committee, which shall refer the matter to an Appeals Committee for consideration. All disciplinary proceedings shall be conducted by a Disciplinary Committee appointed by the Executive Committee, which shall operate independently and in accordance with the principles of natural justice, procedural fairness, and the applicable rules and policies of the South African Sports Confederation and Olympic Committee (SASCOC).

40.4 The Executive Committee shall have the authority to appoint an “ad hoc” Disciplinary Committee, whose purpose shall be to investigate any disciplinary matter and to report the findings of the investigation to the Executive Committee.

40.5 Should such Disciplinary Committee recommend that a Member receive a warning, such warning shall be issued by the Executive Committee.

40.6 Should such Disciplinary Committee recommend that further action be taken against any Member, the Member shall be informed in writing by the Executive Committee of the proposed disciplinary hearing. Such notice shall include the date, time, and venue of the hearing, and shall set out the charges and/or transgressions on which the Member will be tried.

40.7 The Executive Committee shall appoint an independent Chairperson to preside over such disciplinary hearing, as well as a representative to act on behalf of SAAF. The Member may be

represented by a fellow Member of SAAF. No legal representatives shall be permitted to represent any party at the hearing.

- 40.8 The Executive Committee may, upon recommendation of the Disciplinary Committee, provisionally suspend a Member pending the finalisation of disciplinary proceedings, provided that such suspension shall be reasonable, proportionate, and subject to review.

B. SANCTIONS

- 40.9 If a Member (Executive, National, Provincial, District, Regional, Referee, Official, Athlete or Individual) is found guilty of contravening the Constitution, Rules, Regulations and/or Code of Conduct the Member may be reprimanded, fined, suspended or expelled from SAAF. This will be determined by a disciplinary committee.

Where a disciplinary matter affects eligibility for, selection to, or participation in any AFA or WAF sanctioned event, SAAF shall ensure that any final decision and sanction is capable of being recognised and, where applicable, appealed in accordance with AFA and WAF requirements.

C. GENERAL

- 40.11 Any athlete or official who is suspended may not compete, give an exhibition or seminar, judge or otherwise officiate, organize events, or act in an administrative capacity within SAAF.
- 40.12 Any athlete or official who threatens or is aggressive toward a referee or official by word or gesture or uses offensive words to any other athlete or official may be fined, suspended, or expelled.
- 40.13 Any athlete or official who engages in activities of a pornographic nature, or whose conduct is deemed prejudicial to SAAF may be fined, suspended, or expelled.
- 40.14 Any athlete or official who has been arrested for whatever reason and is waiting on a hearing and/or a sentence to be passed, SAAF reserves the right to suspend the said athlete or official until such time that the hearing or sentencing has taken place.
- 40.15 Disciplinary action will be taken against any Member for prejudicial conduct, where such conduct is defined as being demonstrably harmful to SAAF and/or the sport of armwrestling.

41. APPEALS

- 41.1 Any Member who believes that he/she has been wronged in any way shall have the right to file a complaint or appeal with the Executive Committee, which shall refer the matter to an independent Appeals Committee *All internal appeals shall be considered by an Appeals Committee appointed by the Executive Committee, which shall operate independently and separately from any Disciplinary Committee and from any person who participated in the original disciplinary proceedings.* The Appeals Committee shall consider the complaint/appeal, afford the parties a fair opportunity to be heard, and shall issue a written decision with reasons within a reasonable time.
- 41.2 A Member who is dissatisfied with the outcome of an internal appeal may, after exhausting all internal remedies, lodge a further appeal with SASCOC in accordance with its rules and procedures. Where the dispute or decision materially affects eligibility for, selection to, or participation in AFA or WAF sanctioned events, or otherwise concerns matters within the competence of AFA or WAF, the matter may further be referred in accordance with AFA and/or WAF dispute resolution procedures, and ultimately to the Court of Arbitration for Sport (CAS) where applicable

42. SAAF RESERVES THE RIGHT OF ADMISSION

- 42.1 SAAF and/or any of its Provincial and District Structures will reserve full right of admission to allow or not to allow anyone participating in or attending any armwrestling event or activity under the jurisdiction of SAAF

43. SAAF PROPERTY RIGHTS

- 43.1 If a person either resigns or is dismissed from a committee, he/she concerned cannot lay claim in any way to any property, asset or administrative material and proclaim this as his/her property. All property, assets and administrative material will be passed on from the person/s leaving to their successor/s that will sit on the committee structure.
- 43.2 The said property and/or assets comprise of the following items (but are not limited to this):
- 43.2.1 The bank account and all finances in the bank account
 - 43.2.2 A current financial statement and all copied bank statements
 - 43.2.3 Any trophies, medals, prizes, clothing, give-aways that have not been used
 - 43.2.4 A complete list of sponsors and their contact details
 - 43.2.5. A complete list of the athlete's database
 - 43.2.6 General administration
 - 43.2.7 Admin correspondence
 - 43.2.8 SAAF intellectual property rights
- 43.3 A person who joins SAAF in any capacity do so on a voluntary basis and is fully aware that one of their primary tasks is to contribute to the smooth running and maintenance of their Provincial or District Structure. They do not own or have any claim to the property and/or assets of SAAF (this includes all that is brought in by or contributed by either an individual or by the group of people on a structure).
- 43.4 If an individual or Member of a committee structure leaves for whatever reason, refuse to adhere to this article, full and appropriate legal action will be taken against them.

44. DOPING

A. POSITION STATEMENT

- 44.1 The practice of sport involves physical health and fitness, dedication to training and proper nutrition. Doping, which includes the use of prohibited substances and prohibited methods to artificially enhance performance, is unethical, contrary to the concept of fair play, undermines the values of sport, and can endanger the health of the athletes. The practice of doping is forbidden within the WAF and therefore SAAF.
- 44.2 WAF (and therefore SAAF) officially recognises the World Anti-Doping Agency (WADA) as the international authority in anti-doping matters. WAF is an Official Signatory to the WADA Code and, by means of the WAF Anti-Doping Rules, conforms to the provisions of the WADA Code.
- 44.3 SAAF is fully committed to drug testing and is fully compliant with the SA INSTITUTE FOR DRUG FREE SPORT (SAIDS). SAIDS is fully compliant with the WADA CODE – who in turn recognises SAAF as the only official Armwrestling Federation as a signatory to the Code.

- 44.4 All members are bound by WAF Anti-Doping Rules and SAIDS/WADA Code processes, including testing and results management.

45. HONORARY MEMBERSHIP

- 45.1 The President may grant Honorary Life Membership to any deserving individual for meritorious service to SAAF and to the sport of armwrestling. All such individuals shall have the right to attend the annual meeting of the Congress and may join in the discussions but shall not have the right to a vote.

46. FINANCIAL SPONSORSHIP TO AN ATHLETE

- 46.1 When and if a Province or District is able to, they should give a financial subsidy to Provincial or District Athletes and Officials participating either in a National or International Competition.

47. FINANCIAL OBLIGATIONS OF MEMBERS OF SAAF

- 47.1 An athlete, delegate, or any other Member of SAAF shall be expected to cover all personal financial obligations (travel, accommodation etc.) when competing Provincially, Nationally, or Internationally irrespective of any subsidy that such athlete, delegate or Member may receive from SAAF.
- 47.2 SAAF (or any of its Members, officials and / or provinces) will not be held responsible for settling any outstanding bills or expenses for an athlete, delegate, or Member. If an athlete, delegate, or Member fails to abide by this rule, he/she will face legal action as well as a possible suspension or even a ban from SAAF.

48. DISTRICT, PROVINCIAL AND NATIONAL ATHLETES DATABASE

- 48.1 All Provinces or District will keep an up-to-date database of all athletes. The President has the authority to call for a copy of this document at any time.
- 48.2 As a matter of course and without reminders for all Provinces and Districts – an updated database of all their athletes should be presented to the President at the SAAF CONGRESS simultaneously with their end of year reports.
- 48.3 The SAAF database, including any Provincial or District database lists in any format, remains the sole property of SAAF. This is not to be given out to any Company or Individual Person or to any Sponsor by any Member or Members on any of the Provincial and District Structures.
- 48.4 Once a National database is formulated with information received from each Province or District – this too will remain the sole property of SAAF.
- 48.5 SAAF shall protect the confidentiality of an athlete, official or judge whose details may appear in the SAAF database.

49. “PASS” awarded to athletes

A. DEFINITION OF A “BYE”

- 49.1 For an athlete to miss the qualifying Provincial or District Championships (in their Province or District) and move straight to the SAAF National Championship. This should be considered VERY SPECIAL – and not something freely given at random.
- 49.2 A Provincial or District Chairman may consider awarding an athlete a “PASS” for a PROVINCIAL OR DISTRICT CHAMPIONSHIP based on the following:
- 49.2.1 If an athlete is an advanced armwrestler who regularly competes in SAAF National Championship and has won his / her division on more than one occasion.

49.2.2 If an athlete has represented SAAF at an International Championship.

49.3 A “PASS” may be granted to an athlete for the SAAF National Championship to automatically progress to any of the WAF International Championship, if they meet the following criteria only:

49.3.1 If an athlete has represented SAAF at an International Championship.

49.3.2 If an athlete has formally registered and paid, to compete at the National Championships, but due to reasons out of their control, is no longer able to attend.

49.3.3 If after due consideration, by the selection committee, it is determined that no other athlete, who did qualify at the National Championships for that specific year, will be representing SAAF within the same division.

50. COMPETING AT WAF INTERNATIONAL SANCTIONED EVENTS

50.1 Any SAAF athlete wishing to compete at any WAF International sanctioned event may only do so if selected and with the approval/consent of SAAF.

51. INTELLECTUAL PROPERTY RIGHTS

51.1 SAAF reserves all of its Intellectual Property Rights, which may include but is not limited to any official document, logo, marketing material, slogans, images (pictures and video) at SAAF sanctioned events.

51.2 Without the prior written consent of the Executive Committee, acting through the President where applicable, no offsite agent and/or service provider who are not accredited by SAAF is allowed to take any pictures or videos inside a SAAF sanctioned event venue, with the intention to use such picture or video in any way to market and/or advertise their product or service or to falsely create the impression that such agent and/or service provider and/or their service or product is accredited by SAAF.

52. AMENDMENTS

52.1 The Constitution, Rules and Regulations may be repealed or amended by a majority decision of Congress.

52.2 The SAAF CODE OF CONDUCT and TASK PORTFOLIO as found in APPENDIXES 1 and 2 hereto form an integral part in the management and governance of SAAF and should be read, interpreted and seen in that light and as if it was specifically mentioned and incorporated herein.