



NPO REF: 313-951

05 January 2026

SOUTH AFRICAN ARMWRESTLING FEDERATION (SAAF) NOTICE OF SPECIAL GENERAL MEETING (SGM)

To: Members of the SAAF Congress
(Executive Committee Members and Provincial Chairpersons)

Dear Members of the SAAF Congress,

Notice is hereby formally given that a Special General Meeting (SGM) of the South African Armwrestling Federation (SAAF) Congress will be held as follows:

Date: 21 January 2026

Time: To be confirmed

Platform: Microsoft Teams (Virtual Meeting)

The meeting will be conducted virtually via Microsoft Teams. Members are kindly requested to ensure that Microsoft Teams is installed on their computer (preferred) or, alternatively, on their smartphone. Login details and access links will be circulated prior to the meeting.

Agenda

A formal agenda for the SGM will be circulated in advance of the meeting. Upon receipt of the agenda, members will be afforded the opportunity to submit additional items for inclusion, in accordance with SAAF constitutional procedures.

Constitutional Amendment (Confirmed Agenda Item)

A confirmed and substantive agenda item for the SGM will be the proposed amendment of the SAAF Constitution, with the specific purpose of ensuring full compliance with:

- World Armwrestling Federation (WAF) requirements
- Armwrestling Federation of Africa (AFA) governance standards
- International Olympic Committee (IOC) Good Governance principles

The proposed constitutional amendments will be circulated to Congress members prior to the meeting. The formal process and protocol required to adopt and legalise the amendments will be presented to Congress during the SGM.



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Attendance and Apologies

Attendance by all Congress members is strongly encouraged.
Should any member be unable to attend, a written notice of apology must be submitted prior to the meeting.

Your cooperation and participation in this important governance process are appreciated.

ISSUED BY AUTHORITY OF THE SAAF NATIONAL EXECUTIVE

Yorinda Nel
National President
South African Armwrestling Federation

Etienne Beaurain
National Secretary
South African Armwrestling Federation