

PROVISIONAL PROGRAMME OF EVENT

Thurs, 3 April 2025

- 12h30 - 16h30: Weigh-in & registration (open)
- ± 17h00 - AGM with all Provincial and Executive Committee only

Friday, 4 April 2025

07h30 - 09h30: Weigh-in & Registration:

- 07h30 - 07h45 - Free State & North West
- 07h45 - 08h15 – Gauteng
- 08h15 - 08h30 - Kwa-Zulu Natal / Limpopo
- 08h30 - 08h45 – Mpumalanga
- 08h45 - 09h30 - Western Cape

09h45: Formal opening of event

Introduction of AFA President - Charles Osei Asibey

10h15: Left Arm Competition starts

Saturday, 5 April 2025

07h30 - 08h00: Weigh-in & Registration

Only for athletes who did not weigh in prior

08h30: Right Arm Competition starts

Prizegiving (on both days) will be handled differently at Nationals and will be presented to the top three athletes DIRECTLY AFTER their class has pulled and NOT at end of event.

We will be running TWO TABLES

The running of the categories as follows:

- Sub-junior division
- Junior divisions
- Youth divisions
- Master divisions
- Grand Master divisions
- Senior divisions